

FALL PREVENTION

FALL STATISTICS FROM THE CDC:

INTRINSIC FACTORS CONTRIBUTING TO FALL RISK:

EXTRINSIC FACTORS CONTRIBUTING TO FALL RISK:

KEY THINGS TO CONSIDER IN VARIOUS ROOMS:

Living room -

Bedroom -

Bathroom -

Foyer -

MULTIDISCIPLINARY APPROACH:

Physical Therapist -

Occupational Therapist -

Maintenance -

Housekeeping -

Dietary -

Administrators/Marketing Staff -

Stages of Dementia

➤ Mild Cognitive Impairment

- Follow simple instructions
- Employment, child care and driving are all possible
- Problem solving skills with trial and error method
- Early Stage
 - Follows routines
 - Able to learn some new tasks
 - Goal directed in familiar activities
- Middle Stage
 - Fine motor skills/grasp
 - Follow 1 step directions with cues
 - Hand/eye coordination
- Late Stage
 - Gross motor skills
 - Sit, stand, walk (unsteady)
 - Simple communication
- End Stage
 - Facial expressions/ vocalize

- Small movements-usually eye or hand movement
- Respond to stimuli of the 5 senses